



Arlene Horan

August 4, 1928 - January 27, 2021

Born in Salt Lake City, Utah on August 4, 1928, Arlene lived her life loving sunshine, blue skies, green grass and, of course, ALL living things. She had a work ethic that lasted her entire life and she dedicated herself to helping others. While raising four children alone, she worked her way through college at the California State University of San Francisco to become an R.N., working well into her mid-70's in the CCU, ER and MICU units at Seton Hospital in Daly City, CA. She was a long-standing member of the "Golden Girls" nurses there and even after retirement was always first to be called to work when the census was high. She also worked as the School Nurse at Mills High School, eventually becoming the District Nurse in charge of all seven high schools in the San Mateo Union High School District. There she trained and certified all faculty and staff in CPR and gave frequent instruction on nutrition and other health-related matters.

Arlene left our world surrounded by family and love and is now reunited with her beloved son Steven Horan; brother Richard, sister Joyce, mother Adella, and father Wilbert. Daughters Nanette Watts (Ray), Linda Barron (Brett), and son David Horan (Victoria) will miss her greatly; as well as her six grandchildren Bria Iacini-Mutch (Matt), Amber Rogan (Johnny), Jessica Cesca (Dan), Brittany Saleem (Boon), Brooke Barron (Jordan), and Brian Barron. She was also a Great-Grandma to JJ Rogan, Sadie Cesca, Cameron Mutch, and the soon-to-arrive Stevie Rogan. She also had many nieces and nephews whom she always held dear in her heart.

Her grandchildren will fondly remember her holiday & birthday gifts of pieces of her own jewelry, books, and all the latest tools and gadgets for the guys...all laden with meaning and her love; her lectures on healthy eating and a colorful plate vs. colorless one; and of her always wanting to open presents first, before eating, at every celebration. She also loved "cloud reading" the shapes of the clouds in the sky with others. She was passionate about her family, her pets, her bountiful garden, TNR (Trap/Neuter/Release) of local feral cats, working on both Obama campaigns, and going to lunch and movies with her family and nursing friends.

Her gifts to this world were many, including her teachings to love all mankind and all animals, the embrace of all races and religions, encouraging everyone she came in contact with to “just be kind”, her wit, her humor, and her truth. She was sassy, stubborn, brilliant, fearless, loving, never afraid to express her feelings, and would always root for the underdog! She survived COVID-19 with a twinkle in her eye and could always make us laugh.

It is now her time to be free. She did so much and helped so many in her lifetime. Her family always felt surrounded by her love and she taught them well. They will always make sure her life lessons and kindness continue on through her future generations and we will all remember Arlene with so much love every time we look up into the “skyblue” above.....her favorite color.

Comments



“ Happy Mother’s Day Mom... 1st one without you and you were in my heart and on my mind the entire day. I love you always....Ninki

Nanette Watts - May 09 at 11:10 PM



“ Nanette Watts is following this tribute.

Nanette Watts - March 28 at 10:06 PM



“ Your mother was always fun to be with! There was never a dull moment! She shared joy and laughter with everyone who knew or met her at Seton, including patients and staff. She was one of a kind! We all loved her very much! She had endless stories of her children and grandchildren that she was very proud of, also of her many rescue kitties & doggies! Her long time friends with GG Gals were honored to know Arlene for over 40 yrs!

We love you and miss u very much Dear Arleeney!



Georgia - March 28 at 12:15 AM



“ She loved all of you so much!

Nanette Watts - March 29 at 09:09 PM



“ 3 files added to the tribute wall



Joan Carlson - March 26 at 12:52 PM



“ Golden Girls in all their Glory!

Nanette Watts - March 27 at 04:47 PM



“ I have so many memories of Arlene when working with her at Seton. She always had a smile on her face and made us laugh!! Her patients loved her too. We looked forward to our “Golden Girls” luncheons where we shared all our memories and shared what we were doing currently, as we were now retired. We hope we can soon come again together and honor her together. I am sure she will come down from heaven and join us because I know she loved these lunches. Joanne



Joanne Scarpace - March 25 at 10:47 PM



“ Thank you so much Joanne! Indeed she did love those lunches, but not quite as much as she loved all of you!

Nanette - March 26 at 12:13 AM



“ What I loved about Arlene was her passion. Whether it was politics, nursing, or the treatment of animals or people, she always stood up for the underdog and made her opinions known. She was not afraid to be an advocate. She was a gift to her patients and fellow nurses and there will never be another “Arlene”. When we can lunch together again we know she will be there in spirit.

Joan Carlson - March 26 at 12:40 PM



“ 6 files added to the tribute wall



Nanette Watts - March 20 at 04:22 PM



“ 3 files added to the tribute wall



Nanette Watts - March 20 at 04:17 PM